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Psychologist Uses MBTI® Certification to Better Understand Self, Explore New Practice Areas

Why did you want to get certified to use the MBTI assessment?

I want to move my career in more of a leadership consulting and organizational consulting direction. I've been a psychologist for the past decade, and while I've really enjoyed it, I've wanted to do more positive psychology. To me, working with leaders and focusing on strengths comes from a more positive place in psychology.

What was the most interesting thing you learned during the four-day certification program?

I took the MBTI assessment in graduate school 10 years ago and got a very superficial understanding of it. Going through four full days with Michael Segovia as our leader was really fabulous. I felt like for the first time I really understood what it meant to have the preferences that I came out with. I'm walking away with a much better understanding of myself and how I interact with others, and what triggers me and why it triggers me, and that's all very valuable. On top of that, this deeper level of understanding is something incredible I can offer to my clients to help them understand their preferences, and how their interactions take place and what could trigger them.

Would you recommend the MBTI® Certification Program to a colleague?

Definitely. It's valuable on so many different levels, from personal to professional.

– Heidi Page, Independent Psychologist

Be better at what you do

By successfully completing the MBTI® Certification Program, you'll enrich yourself and discover new ways to help your clients and improve your practice. At this highly interactive, comprehensive four-day workshop, you'll:

- Explore the history of and theory behind the world's most trusted personality instrument – the *Myers-Briggs Type Indicator*® (MBTI®) assessment
- Practice administering the MBTI assessment and interpreting results in a variety of situations with teams and groups, with individuals, and in coaching
- Learn how to use the MBTI Step II™ assessment's 20 facets to provide more in-depth insights into an individual's personality type and behavior

Understand, apply, and flourish!

- Gain a better understanding of your own and others' personality preferences
- Build confidence with presenting type theory
- Explore MBTI application tips and exercises

Get the tools you need to grow

- Receive a practitioner's starter kit – including manuals, presentation slides, books, and client booklets
- Earn hours/CEUs from several professional organizations
- Become eligible to buy and use the MBTI assessment and other MBTI products

Let us help you help others be their best

The MBTI® Certification Program is available through either CPP or the Center for Applications of Psychological Type (CAPT). Visit www.cpp.com/Certification for more information and to choose the program date and location that are right for you.



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